

Load Moving and Handling

half day short course



This course is designed to give employees in any sector knowledge and practical skills for safe kinetic moving and handling. The course is essential to minimize accident and injury in the work place, and follows governing bodies such as CSCI's advice on mandatory training. The course covers the legal regulations governing safe moving and handling in the work place with both theory and practical guidance.

Course content:

- manual handling and the Law
- basic ergonomics
- risk assessments
- hazard reporting
- causes & effects of injuries
- safer principles
- handling actions
- fitness and self care

This course can be adapted to meet the specific requirements of your sector, for example within the care home environment. The course can also be incorporated into a full days training including residents moving and handling.

Infection Control and Decontamination

half day short course



Due to changes in the delivery of health care, many vulnerable patients will be cared for in the community, where the risk of infection exists. Infection prevention and control is an essential component of care and is of vital importance to users of health and social care services. It is therefore a priority for staff in all sectors to prevent and control infection.

This course will provide delegates with the knowledge and the skills to control infection within their workplace.

Course content:

- understand the cause and spread of infection
- understand the general principles of infection prevention and control
- practical hand washing session
- recognise key relevant legislation
- be aware of staff roles and responsibilities in relation to infection control

All courses can be delivered in house up to a maximum of 20 delegates depending on course content

Local training venues can be provided by us where facilities are lacking

Our short courses last between 3 and 4 hours

To book a course call
0845 0094 808

Email: rebeccayule@cqmlearning.co.uk
 or log on to www.cqmlearning.co.uk

to **complete your training wish list & a bespoke package deal will be compiled for you**

CQM Learning can fulfill your fully funded NVQ requirements in H & S Care, Business Admin, Support Services, ITQ and many more.